

**Undergraduate Degree Level Expectations for the  
Bachelor of Physical and Health Education (BPHE)  
Faculty of Physical Education and Health  
University of Toronto**

**1. Depth and Breadth of Knowledge**

Students will have a developed knowledge and comprehension of several key concepts, methods of inquiry, current research, practical skills, theoretical approaches and assumptions in the various sub-disciplines within the field. They will have an understanding of the ways in which theory and practice intersect and of the interrelatedness of the sub-disciplines within the field. Knowledge and skills related to physical literacy will be emphasized. Competence will be developed in using scholarly materials and research tools relevant to the field of study to produce inquiry-based work. Students will be able to integrate and synthesize a broad range of knowledge and skills and apply these to diverse and novel challenges. An understanding of the importance of integrating knowledge from various sub-disciplines to address contemporary issues in the field of study will be developed.

**2. Knowledge of Methodologies**

Students will have a working knowledge of various methods of inquiry used in the field. They will have the ability to evaluate the strengths and limitations of various approaches and thereby be able to justify the choice of mode of inquiry to answering questions and solving problems. Students will develop the skills necessary to solve problems using various modes of inquiry, methods or techniques. Further, they will be able to critique current research on methodological grounds.

**3. Application of Knowledge**

Students will be able to pose cogent questions, formulate hypotheses, propose solutions, and develop and sustain arguments. Using their knowledge of methodologies, students will be able to collect data, seek answers to questions, solve problems and create new work. Based upon current knowledge of the field, students will be able to make sound judgments, review and critically assess information and interpret novel situations. Students will also be able to apply current knowledge and skills with consideration of issues of diversity.

**4. Communication Skills**

Informed by current knowledge, students will develop the ability to disseminate information and organize ideas into arguments effectively in oral and written forms. Through various modalities of communication, students will be able to develop physical literacy skills in others. Students will be able to communicate effectively with those within and outside of the field of study, making appropriate accommodations for diverse populations.

**5. Awareness of Limits of Knowledge**

Students will develop a keen awareness of the limits to both their disciplinary knowledge and to their own knowledge, skills and abilities. They will appreciate the uncertainty, ambiguity and limits to knowledge and methodologies and the ways in which these limitations might influence the analysis, interpretation and dissemination of information and skills.

## **6. Autonomy and Professional Capacity**

Students will develop the transferable skills and competencies necessary for further study, employment, community involvement, leadership, and life-long learning. The education students receive aims to provide students with the skills and knowledge they need to become informed, independent, critical and creative thinkers. As future practitioners, students develop personal and social responsibility, accountability, and skills of inclusion and ethical decision-making in complex contexts. Students will develop the ability to manage their own learning in constantly changing environments. Further, students will behave in ways consistent with academic integrity, standards of professional practice and social responsibility.